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**To better assist you, it is essential that you arrange for the following items to be available in our office at least two days prior to your appointment:**

\* Office hours: Mon-Fri. 9am to 5:00pm.

\_\_\_\_\_ All films or CDs (i.e. MRIs, X-rays, CTs, etc.) you have had relevant to your condition.

\_\_\_\_\_ The enclosed forms, completed in full.

\_\_\_\_\_ Your insurance cards.

\_\_\_\_\_ The reports of any and all labs, images, or studies you have had relevant to your condition.

\_\_\_\_\_ A list of all medications you are taking (please include dosage, time of day taken and condition for which medication is being taken.)

\_\_\_\_\_ A list of *all* food, drug and substance allergies or sensitivities.

\_\_\_\_\_ If you have an appointment for a *neck* or *back* problem, we will need your records of any prior treatment related to this condition. (i.e., medications, epidural or other injections, physical therapy, chiropractic care, etc.)

**If you have any questions or need assistance in completing the forms, feel free to contact our office.**